

COMMUNITY SERVICES FOR OLDER ADULTS UNION/NORTHERN SOMERSET COUNTIES

Our Greater MetroWest network of Jewish agencies provides extensive services and resources for older adults.



Jewish Federation
of Greater MetroWest NJ

ACTIVITIES (Educational, Social)

JCC of Central NJ

Alison Rivlin, (908) 889-8800, x260
arivlin@jccnj.org; jccnj.org

Jewish Family Service of Central NJ

Sharon Amtzis, (908) 352-8375
samtzis@jfscentralnj.org; jfscentralnj.org

YM-YMHA of Union County

Tara Speyer, (908) 289-8112
tspeyer@uniony.org
uniony.org

CAREGIVER SERVICES

Jewish Family Service of Central NJ

(908) 352-8375

For caregivers of Holocaust survivors:
Gregory Yucht, gyucht@jfscentralnj.org

For caregivers of Alzheimer's/dementia clients:
Bonnie Freirich, bfreirich@jfscentralnj.org
jfscentralnj.org

CASE MANAGEMENT

Jewish Family Service of Central NJ

Sharon Amtzis, (908) 352-8375
samtzis@jfscentralnj.org; jfscentralnj.org

CHAPLAINCY/SPIRITUAL SUPPORT

(at home, in hospitals, and other settings)

Federation Chaplaincy
Marian Marlowe, (973) 929-3051
jfedgmw.org/chaplaincy

COUNSELING/MENTAL HEALTH SERVICES (including Caregiver Support)

Jewish Family Service of Central NJ

Sharon Amtzis, (908) 352-8375
samtzis@jfscentralnj.org; jfscentralnj.org

DISABILITY SERVICES

(Residential Services and Day Programs)

Jewish Family Service of Central NJ

(support coordination)

Sharon Amtzis, (908) 352-8375
samtzis@jfscentralnj.org; jfscentralnj.org

DOMESTIC ABUSE

(elder and other domestic abuse)

Jewish Family Service of Central NJ,
Project CEASSE (Combating Elder Abuse
through Supportive Services and Education)

Nathan Budashewitz, (908) 352-8375
nbudashewitz@jfscentralnj.org; jfscentralnj.org

FINANCIAL NEEDS

Jewish Family Service of Central NJ

(908) 352-8375
jfscentralnj.org

FITNESS/EXERCISE PROGRAMS

JCC of Central NJ

Alison Rivlin, (908) 889-8800, x260
arivlin@jccnj.org; jccnj.org

YM-YWHA of Union County

Deborah Victoria, (908) 289-1112
unionyoffice@gmail.com

FOOD PANTRY

Jewish Family Service of Central NJ

Kathleen Fernandez, (908) 352-8375
kfernandez@jfscentralnj.org; jfscentralnj.org

FRIENDLY VISITORS

Jewish Family Service of Central NJ

Danielle McLeer, (908) 352-8375
dmcleer@jfscentralnj.org; jfscentralnj.org

GERIATRIC ASSESSMENT

Jewish Family Service of Central NJ

Sabrina Montuma, (908) 352-8375
intake@jfscentralnj.org; jfscentralnj.org

COMMUNITY SERVICES FOR OLDER ADULTS UNION/NORTHERN SOMERSET COUNTIES

Our Greater MetroWest network of Jewish agencies provides extensive services and resources for older adults.



Jewish Federation
of Greater MetroWest NJ

HOLOCAUST SURVIVOR SUPPORTS

(including accessing Claims Conference benefits, social programs, financial support, Russian language services)

Jewish Family Service of Central NJ

Debbie Rosenwein, (908) 352-8375
drosenwein@jfscentralnj.org

Gregory Yucht (for Russian language services)
(908) 352-8375
gyucht@jfscentralnj.org; jfscentralnj.org

HOME HEALTH AIDES

Jewish Family Service of Central NJ

Maria Mullen, (908) 352-8375
mmullen@jfscentralnj.org; jfscentralnj.org

HOUSING

Jewish Family Service of Central NJ (for referrals/resources)

Peter Jacob, (908) 352-8375
pjacob@jfscentralnj.org; jfscentralnj.org

Jewish Community Housing Corporation (housing available in Essex and Morris counties)

Assisted Living
(973) 929-2725

Market Rate Housing
Lester Senior Housing,
Whippany
(973) 929-2725

Village Apartments,
South Orange
(973) 763-0999
CherylK@jchcorp.org

**Subsidized Affordable
Housing**

Jewish Federation Plaza,
West Orange
(973) 530-3972
KerryR@jchcorp.org

SOBBFH, South Orange
(973) 761-4602
JacquelineM@jchcorp.org

JOB/CAREER COUNSELING

Jewish Family Service of Central NJ

Mark Traum (908) 678-5554
marktraum@yahoo.com; jfscentralnj.org

LUNCH (served to groups)

JCC of Central NJ

Alison Rivlin, (908) 889-8800, x260
arivlin@jccnj.org; jccnj.org

Jewish Family Service of Central NJ (Café Europa and Coffee House)

(908) 352-8375
jfscentralnj.org

MEALS ON WHEELS

Jewish Family Service of Central NJ

Yianni Athanasoulas, (908) 352-8375
yathanasoulas@jfscentralnj.org; jfscentralnj.org

MONEY MANAGEMENT

(help writing checks, paying bills, organizing mail)

Jewish Family Service of Central NJ

Danielle McLeer, (908) 352-8375
dmcleer@jfscentralnj.org; jfscentralnj.org

SUPPORT GROUPS

Jewish Family Service of Central NJ (support coordination)

Sharon Amtzis, (908) 352-8375
samtzis@jfscentralnj.org; jfscentralnj.org

TRANSPORTATION

Jewish Family Service of Central NJ

Yianni Athanasoulas, (908) 352-8375
yathanasoulas@jfscentralnj.org; jfscentralnj.org

JCC of Central NJ

(to and from JCC CNJ's Adult Enrichment
program only)

Alison Rivlin, (908) 889-8800, x260
arivlin@jccnj.org; jccnj.org

TRAVEL/DAY TRIPS

JCC of Central NJ

Alison Rivlin, (908) 889-8800, x260
arivlin@jccnj.org; jccnj.org

VOLUNTEER OPPORTUNITIES

Jewish Family Service of Central NJ

Danielle McLeer, (908) 352-8375
dmcleer@jfscentralnj.org; jfscentralnj.org